

# you **sexy** mother

in the **community**

## Join us for our first ever Sunshine Coast event...

Speakers include **Jodie Hedley-Ward** and her good friend and mentor **Robyn Moore** who is one of the most sought after inspirational speakers in Australia today! Jodie and Robyn have worked together to create a unique program of events that show you how you can start creating the life you truly want and deserve. We guarantee you will leave feeling more focused, more in control and more excited about your future than ever before.

Enjoy a decadent **high tea** with new friends whilst you wander through our **YSM Community marketplace**... brimming with the who's who of motherhood on the Sunshine Coast! Everyone you need to know will be there – from those who offer the best products and services for you and baby, to those who offer vital support during your early motherhood journey.

Give yourself (and your baby) the best start possible... watch this space for more information and do whatever it takes to join us in **March 2011**.



**Empowering** mothers in their new role & welcoming them to motherhood

**Uniting** mothers and creating **friendship** groups

Providing a **safe** environment for **honest** discussion and sharing

Giving the professional **support** community a face

Creating events that are **fun & sexy** as well as **inspirational & real**

## It's all about Connection...



One day a mum of two, whose life had been transformed by the book *You Sexy Mother* put forward the idea for a series of inspirational and fun events for mums, never imagining that it would ultimately lead to the creation of YSM in the Community (a not-for-profit organisation). Her battle with post-natal-depression and feeling isolated and disconnected following a move across the world, gave her the determination to do something extraordinary.

**Vickie Johnson** is the founder of YSM in the Community and the face of every mum who has ever wanted more. More fun, more friendship, more support, more tools, knowledge and personal power.

Join us and begin creating the motherhood experience you always hoped for!

## Connect with other mums...

Connect with other mums who are living in your community – mums who share the same desire to become the best role model for their children. Mums who want to learn how they can look and feel great at any stage of their motherhood journey. Mums looking to meet like-minded friends who want to enjoy the journey too!

## Connect with the support you need...

Connect with the support that exists in your community right now. Learn where to go and who to call when you need help along the way. Talk directly to the experts that offer services and facilities for mums in your area. We make it easy to create your 'village' no matter how far away from home and family you might be!

We are so excited to meet you and share this journey together!

**You Sexy Mother in the Community... the new face of motherhood!**

you **sexy** mother

love what's inside



**international motherhood study**  
every mother invited and united

**Jodie Hedley-Ward** is the best-selling author and originator of the You Sexy Mother concept. She founded the **International Motherhood Study** in 2009 alongside **Dr Angela Huntsman** and her website [www.yousexymother.com.au](http://www.yousexymother.com.au) offers support and inspiration to mums around the world. In demand as a public speaker, media commentator and contributing editor, Jodie has built a reputation as being the voice of a generation of mums who are no longer satisfied with living anything other than their best life!

